

Register on-line: [www.alexandriava.gov/WorkforceDevelopment](http://www.alexandriava.gov/WorkforceDevelopment)

Or in-person: Workforce Development Center (WDC)  
1900 N. Beauregard Street, 3rd Floor, Suite 300,  
Alexandria, VA 22311



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[www.twitter.com/WDCAlexVA](http://www.twitter.com/WDCAlexVA)  
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### Specialty Training Workshops Recurring Monthly

#### Manage Your Money While Job Searching

Life is a challenge. As the saying goes, just when you're about to make ends meet, someone moves the ends; *you lose your job*. And then the struggle to pay bills, make the rent payment and provide food and clothing for the family becomes greater. This workshop will provide the foundation for managing money under any circumstances and will cover:

- ⇒ How to develop a spending plan that will help you reach your goals
- ⇒ Why banks and credit unions are a great choice for your money
- ⇒ Demonstrate how to manage expenses if you have children, and other tips on deductions you may be able to take on your taxes
- ⇒ Personal financial planning tips, information and concrete advice on how to manage money
- ⇒ Suggestions to help you live within your means and manage debt so it doesn't manage you (180 minutes)

#### Mock Interview: Do You Know What's Involved?

This is a two-part workshop; lecture and practice session. Please bring a copy of your resume with you. (180 minutes)

**Part I: How to Prepare for an Interview**—This session offers information on current interviewing processes and practices. Participants will learn how to prepare and answer the most common and important interview questions through interactive, hands-on exercises.

**Part II: Mock Interview**—Would you like to practice your interviewing skills? Then this is your opportunity to meet with an interviewer to review your interviewing skills. Your interview will be videotaped and the interviewer will provide feedback at the conclusion of the taping. **By appointment**

#### Meet the Employer: Interviewing From the Employer's Perspective

When it **comes** to job interviewing, you know what **you** want: a sweet job offer. It is always amazing, when you think about it, how little time job seekers spend thinking about their interviewer's motivations and goals. To give job seekers a better insight on what the employer is looking for in a candidate, this workshop will have, as a guest speaker, an employer from the community to discuss his/her perspectives on interviewing and hiring. (90 minutes)

### Basic Computer Training

#### Introduction to Basic Computer Training **Four-3 hour Sessions**

This workshop is intended for participants who are new to computers or are seeking to refresh their basic computer skills. Participants will learn basic computer functions such as turning a computer on and off, starting and closing programs. This course will focus on basic computer skills using Microsoft 7 operating system and Microsoft Word 2010.

#### Introduction to Microsoft Word 2010 **Four-3 hour Sessions**

In this course you will learn valuable word processing skills like creating, saving and retrieving documents; inserting and deleting text; formatting text; and using cut, copy and paste feature. Before you take this course, you should have some experience with using a computer and the Windows operating system.

### Career Search Tools (Basic)

*This intro workshop is designed for first-time entrants into the workforce or persons who have been out of the job market for a while.*

#### Basic Resume Writing

Learn to create an attractive and effective resume. Pre-requisite: You must bring a copy of your most recent resume **OR** complete the Sample Employment Application which you can find in the WDC Career Center.

#### Completing a Job Application

Gain a better understanding of the importance of completing all questions on a job application.

#### Job Search

Finding a good position can be challenging. In this workshop, you will learn search strategies that will enable you to find job openings via the Internet, networking, using social media, and professional associations.

#### Dress for Success

When interviewing for a job, first impressions are critical. This workshop offers techniques and simple steps that will assist job seekers in dressing for an interview.

#### The Art of Interviewing

The perfect workshop for those with little experience interviewing or have not interviewed in a while. Topics covered are: **before** the interview – preparation, proper attire, what to take; **during** the interview – body language, common interview questions, do's & don'ts; **closing** the interview—asking questions, next steps in the process, follow-up practices.



The City of Alexandria is committed to compliance with the Americans with Disabilities Act, as amended. To request a reasonable accommodation, email: [maurice.tomdino@alexandriava.gov](mailto:maurice.tomdino@alexandriava.gov) or call our video phone 571.384.5244.

### Specialty Training Workshops Recurring Monthly

#### Employment Strategies for Experienced Workers 50+

Employers value the talents that mature workers bring to the workplace. If you are 50 or older, you can refresh your job skills and re-enter the workforce. Learn strategies and resources experienced job seekers can use to launch a job search and find gainful and meaningful employment. (90 minutes)

#### How to Post Your Resume to the WDC Job Board

Did you know that WDC has a Job Board? And did you know that it is believed that posting your resume to a job board may be one of the most important activities that a job-seeker can perform? Well, this workshop will teach you step-by-step instructions on how to post your resume to the WDC Job Board. (90minutes)

#### Employment Strategies for Ex-Offenders

This workshop addresses the unique barriers to employment faced by persons with a felony conviction. Learn strategies to overcome those barriers during the job search process. This workshop is open to the public but is most beneficial for those that have a criminal record or know someone who does. (90 minutes)

#### Completing an Effective Employment Application

This workshop will demonstrate why it is important to complete all questions on a job application. (90 minutes)

#### How to Create a LinkedIn Account?

This workshop will teach you how to create a LinkedIn account and give you tips on how to expand your job search through social media. (90 minutes)

#### Basic Resume Writing

This course teaches you not just what a resume should look like, but what it should say. It walks you step-by-step through the creation of the most common sections found on resumes in today's job market. (180 minutes)

#### Hard Skills/Soft Skills: What Employers Look For

In this workshop, participants will learn the difference between hard skills and soft skills, top soft skills employers look for in a candidate and the importance of soft skills in getting and keeping a job. (90 minutes)

## Career Readiness Workshops

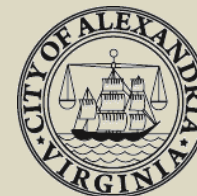
1900 N. Beauregard Street, 3<sup>rd</sup> Floor, Suite 300, Alexandria, VA 22311



Office: 703.746.5940

Hours of Operation: Monday - Friday 8 a.m. to 5 p.m.

Workshops are offered at **NO COST**. However, **Pre-registration is Required**

**DECEMBER 2015**



Monday	Tuesday	Wednesday	Thursday	Friday
	1  How to Create a LinkedIn Account 1:30 - 3:00 p.m.	2  Basic Resume Writing 1:30 - 3:00 p.m.	3  Employment Strategies for Ex-Offenders 9:30 - 11:30 a.m.	
7 Orientation to the WDC Programs & Services 9:00 - 10:00 a.m. ***** Intro to Word 1:30 - 4:00 p.m.	8  Intro to Word Part II 1:30 - 4:00 p.m.	9  Intro to Word Part III 1:30 - 4:00 p.m.	10 Completing an Effective Employment Application 9:00 - 10:30 a.m. Intro to Word Part IV 1:30 - 4:00 p.m.	11
14 Orientation to the WDC Programs & Services 9:00 - 10:00 a.m. ***** How to Post Your Resume to the WDC Job Board 10:30 a.m. - 12:00 p.m.	15 Career Search Tools 9:00 a.m. - 2 p.m. ***** Basic Resume Writing 1:30 - 3:00 p.m.	16  Manage Your Money While Job Searching 9:30 - 11:30 a.m.	17  Meet the Employer: Interviewing From the Employer's Perspective 1:00 - 2:30 p.m.	18
21 Orientation to the WDC Programs & Services 9:00 - 10:00 a.m. ***** How to Post Your Resume to the WDC Job Board 10:30 a.m. - 12:00 p.m.	22 Completing an Effective Employment Application 9:00 - 10:30 a.m.	23 Basic Resume Writing 9:00 - 10:30 a.m.	24  All Alexandria City Offices Closed	
	29	30	31	

### On-Site Partners Contact Information

Alexandria/Arlington Regional Workforce Council  
[www.alexandriarlingtonwib.com](http://www.alexandriarlingtonwib.com)

Alexandria Commission on Employment (ACE)  
[alexandriava.gov/boards/info/default.aspx?id=36532](http://alexandriava.gov/boards/info/default.aspx?id=36532)

Department of Aging and Rehabilitative Services  
[www.vadrs.org](http://www.vadrs.org)

Catholic Charities Migration & Refugee Service  
[www.ccda.net](http://www.ccda.net)

National Council on Aging (NCOA), Senior Community Services Employment Program  
571.335.4027  
[www.ncoa.org](http://www.ncoa.org)

Virginia Veteran and Family Support  
[www.dvs.virginia.gov](http://www.dvs.virginia.gov)

Linden JOBS Alexandria  
Main Number: 703.521.4441  
[www.linden.org](http://www.linden.org)

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